

YOU KNOW ALL ABOUT ME

King David trying to explain how he feels about God's knowledge of him.

Lord, You know everything there is to know about me.
No one knows me better than You! Not even me.
You know every word I'm about to speak before I even start a sentence.
You know every step I'll take before my journey even begins!
It's too much for me – it boggles my mind!

Where can I go from your Spirit?
Where could I run and hide from Your presence?
If I climbed to the highest mountain peak, You'd be there!
Or if I ran to the middle of a vast prairie field – there too, I would find You.
On a crowded city bus, in the bleachers at a game,
At a skate park, a classroom – it's all the same.
You. Would. Be. There.
When things are going well – I feel Your strength making me stronger.
And when I'm struggling – anxious and tired - about to quit –
Even there – in the darkness - I feel You with me.

I get that You “created” me –
the very fabric of my being - my DNA – knit together in my mother's womb.
How You formed my body and mind – every bone and muscle and fibre and cell –
All in that secret place where life grows.
Science tells me how it all works together –
but - how You made something as complex as this – as me! - out of nothing?
I can't get my head around it. You are amazing!

In fact, long before I breathed my first breath, You'd already thought out every single day
of my life – ordained every one of them and had them written down in Your Book.
You are my Creator God. So I'll live out those days – just as You planned.

Only - don't leave me frustrated in the fight against all the injustice and evil in the world.
I hate what I'm seeing – and I don't know what to do.
Help me to know how I can make a difference.
Help me be the person You created me to be.
Even today God - search me and refine this heart You know so well.
Test me and calm my anxious thoughts.
If there's anything off track – tell me – I'm listening.
I'm focused on You God – I am yours today and everyday.